

## Membership application

### How to become a member

Dear prospective member,

Thank you very much for wanting to become a member of the ISST. The statutes of the ISST e. V. outline the following procedure to become a member:

If you have already been a member of the listserv community and have been receiving emails on the listserv, you are probably on the listserv membership list and have applied it in written form to become a member of the ISST. This means that you are considered, according to the statutes, an “old member” and you just need to pay your membership fee to join the ISST e. V.

If you are not listed on the old listserv list, you are probably a new applicant for membership and the procedure runs as follows:

The ISST e. V. has full and supporting members. Supporting members have all rights of the full members save for the right to vote at the membership assembly. You can become a supporting member, if you are a licensed psychotherapist according to the laws of your home country. To become a supporting member you have to provide an informal membership application in which you briefly describe your current work and professional career. In addition, two short letters (emails) of recommendation from members of the ISST e. V. are necessary. Usually your supervisors and teachers in schema therapy will be able to write such a letter.

After your membership application, accompanied by two letters of recommendation, is received by me and the Committee has approved it, and after paying your membership fee, you will be granted the status of a supporting member of the ISST. This will allow you to gain access to the membership area of our homepage and to be eligible for reduced fees at the international ISST conferences.

Most new members will start as supporting members before becoming a full member.

There are two ways to become a full member. A “therapist member”, after becoming a supporting member of the ISST e. V., has to be a certified schema therapist. If you apply for full membership your application will be forwarded to the director of training and certification for further processing.

The second way to gain full membership is becoming a “research member”. A prospective research member is someone who has published research articles, books or similar scholarly work in schema therapy. In this instance, your membership application will be forwarded for further processing to the director of research and development. Your application will also need to be accompanied by two letters of recommendation from full ISST e. V. members.

### Membership fees:

The membership fees for supporting and full members are 100.00 € for each year. The payment is done via bank transfer if you are an inhabitant of a country which has Euro as its currency. All other countries pay their membership fee via credit cards

(Visa and MasterCard are accepted). All German members of the ISST e. V. are requested to give a direct debit authorisation. You can find more details about the legal regulations of the ISST e. V. in our statutes which can be downloaded from our homepage [www.isst-online.com](http://www.isst-online.com)

If your application for membership is accepted, you'll get further details concerning payment of the membership dues. If you pay via credit card you'll get an internet link which leads you to a secure page from which you can process your payment. If you have any further questions don't hesitate to contact us. You can reach the vice president and treasurer under his email address [gzarbock@aol.com](mailto:gzarbock@aol.com) and the service secretary of the ISST e. V., Mrs. Claudia Gaetke under the email address [ISSTservice@aol.com](mailto:ISSTservice@aol.com).

Thank you very much for your interest in becoming a member of the ISST e.V. and joining our international efforts to promote the dissemination, evaluation and development of schema therapy.

Dr. phil. Gerhard Zarbock  
Vice President, Treasurer