

**Meyer, C., Leung, N., Feary, R., & Mann, B. (2001). Core beliefs and bulimic symptomatology in non-eating-disordered women: The mediating role of borderline characteristics. *International Journal of Eating Disorders, 30*, 434-440.**

*Objective.* To establish whether borderline personality disorder symptoms play a mediating role in the relationship between early maladaptive schemata and bulimic symptomatology, using a nonclinical sample.

*Method.* Sixty-one female undergraduate students completed the Bulimic Investigatory Test, Edinburgh (BITE), the Borderline Syndrome Index (BSI), and the short form of the Young Schema Questionnaire (YSQ).

*Results.* Borderline symptoms were found to be a perfect mediator in the relationship between defectiveness/shame beliefs and bulimic symptomatology.

*Conclusions.* A model is proposed suggesting that the functional utility of bulimic behaviors might be in counteracting the negative emotions associated with borderline symptoms.