

Morrison, N. (2000). Schema-focused cognitive therapy for complex long-standing problems: a single-case study. *Behavioural and Cognitive Psychotherapy*, 28, 269-283.

A single case study of a schema-focused cognitive therapy approach to treatment of a young woman with long-term interpersonal relationship problems and affective instability is described. There have been few accounts of this type of therapy that have incorporated outcome measures. Measures of mood and of schema have been taken throughout treatment and results would appear to offer some support for schema-focused cognitive therapy.