

**Stopa, L. (2011). Imagery rescripting across disorders: a practical guide. *Cognitive and Behavioral Practice, 18*, 421-423.**

Intrusive images occur in many disorders and, as well as causing distress, they frequently represent important negative meanings about the self, other people, or the world. Imagery rescripting describes a set of therapeutic techniques that are aimed at changing these negative meanings. This special series focuses on when and how to do imagery rescripting in posttraumatic stress disorder, social phobia, depression, eating disorders, and personality disorders. These five articles contain a detailed guide on how to use imagery rescripting in the respective disorders and advice on how to tackle problems that can arise. The sixth and final article describes a qualitative research study on patients' experiences of imagery in the early parts of a schema-focused therapy trial.