

Waller, G., Meyer, C., & Ohanian, V. (2001). Psychometric properties of the long and short versions of the Young Schema-Questionnaire: Core beliefs among bulimic and comparison women. *Cognitive Therapy and Research, 25*, 137-147.

Young's Schema Questionnaire is a potentially valuable clinical and research tool for the investigation of core beliefs and has been well validated. However, at 205 items it is comparatively unwieldy. A briefer, 75-item version has recently been produced by Young, but lacks the psychometric validation that would demonstrate its utility relative to the longer version. The present study aimed to determine whether the long and short versions of the Schema Questionnaire have comparable psychometric properties among a clinical group of bulimics and a comparison group. The two forms had similar levels of internal consistency, and parallel forms reliability and discriminant validity, and their levels of clinical utility were broadly comparable. These findings support the use of the more convenient 75-item version of this questionnaire in clinical and research settings since its psychometric properties are similar to those of the long version. However, these results require replication with other clinical groups.